

VALENCIA

SURVIVAL GUIDE

LUKE SKAIWALKER'S GUIDE:
NAVIGATING THE PROJECT
MANAGEMENT GALAXY!

GREETINGS, FUTURE JEDI MASTERS AND PADAWANS!

WELCOME TO THE VIBRANT AND COSMIC REALM OF VALENCIA, WHERE THE FORCE IS STRONG, AND THE PAELLAS ARE OUT OF THIS WORLD.

IN THIS INTERGALACTIC SURVIVAL GUIDE, WE'LL EQUIP YOU WITH THE WISDOM NEEDED TO NAVIGATE THE STARS, UNRAVEL THE MYSTERIES OF FALLAS, EMBRACE THE CELESTIAL WONDERS OF THE VALENCIANS, AND IMMERSE YOURSELF IN THE GRAVITATIONAL PULL OF SPANISH CULTURE.

AS YOU EMBARK ON THIS COSMIC ADVENTURE, MAY THE PAELLA BE WITH YOU, AND MAY THE FORCE GUIDE YOU THROUGH THE SUNNY SKIES OF VALENCIA!

-THE JEDAI

SPANISH CULTURE

EPISODE 1

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SPANISH CULTURE

EPISODE 1

GASTRONOMY:

Spanish gastronomy is not just about the food; it's a holistic experience. **Sobremesa**, the time spent lingering at the table after a meal, is an integral part of Spanish dining culture. Instead of rushing off, people engage in lively conversations, share stories, and savor the lingering flavors. It's a moment to connect with friends and family, making the meal more than just a physical necessity but a social event.



FIESTAS:

Fiestas, or festivals, are deeply ingrained in Spanish culture, reflecting the country's rich history and diverse traditions. From the world-famous La Tomatina to local celebrations such as Fallas, Spain knows how to throw a party. Expect lively music, colorful parades, traditional dances, and, of course, fireworks. Participation is encouraged, so don't be shy – join in the festivities and immerse yourself in the joyous spirit of the event.

ART AND HERITAGE:

Spain boasts an illustrious artistic legacy, from the amazing Sagrada Familia in Barcelona to the timeless tale of Don Quixote. With the world's third-largest number of UNESCO World Heritage Sites, including breathtaking architectural wonders and cultural landmarks, Spain is a treasure trove of artistic and historical significance. Prepare to be mesmerized by the splendor of centuries-old masterpieces and immerse yourself in the rich tapestry of Spain's cultural heritage.



CULTURAL DIVERSITY:

Spain is a diverse country with distinct cultures and traditions across its regions, known as autonomous communities. Each community has its own language, traditions, and even cuisine. For instance, Valencia, the Basque Country, and Andalusia have unique identities that contribute to Spain's rich tapestry. Embracing and appreciating this diversity adds depth to your experience in Valencia and fosters a greater understanding of the country as a whole.

SURVIVAL GUIDE

ABOUT VALENCIA

EPISODE 2

ON LA PAELLA ES UN ART I EL SÒL
MAI FA SIESTA

(WHERE PAELLA IS AN ART, AND THE SUN NEVER
TAKES A SIESTA).



FALLES: LA MILLOR FESTA DEL MÓN!

(FALLAS: THE BEST PARTY IN THE WORLD)

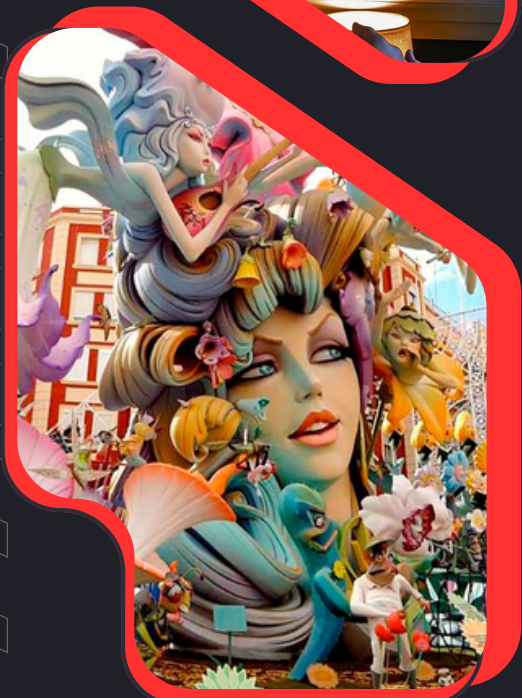
Fallas is an exuberant and lively festival celebrated in Valencia every March. The city transforms into a visual spectacle with firework shows, 'mascletàs' and gigantic sculptures, called "ninots," displayed throughout the streets. These elaborate and often satirical structures are made of combustible materials. The highlight of the festival is the "Cremà", where these sculptures are set ablaze in a spectacular display of controlled chaos, symbolizing the end of winter and the arrival of spring.



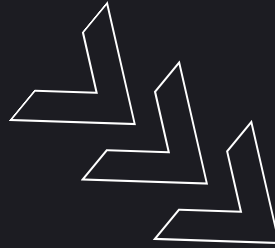
HUMOROUS TWIST 😄:

Valencian have a passion for setting things on fire during Fallas.

This tongue-in-cheek remark adds a touch of local humor to the cultural experience, emphasizing that the fiery displays are all in good fun and an integral part of the celebration.



IT'S NOT THAT WE ARE PYROMANIACS...
BUT THE TRUTH IS THAT WE DO LIKE TO
SET THINGS ON FIRE...



FALLAS IN PHOTOS



VALENCIAN LANGUAGE:

Valencian, along with Spanish, is one of the co-official languages of the Valencian Community. While Spanish is widely spoken and understood, particularly in urban areas, learning a few basic Valencian phrases can enhance the cultural experience. Locals appreciate the effort, and it adds a layer of connection with the regional identity.

| ENGLISH | VALENCIAN | SPANISH |
|----------------------------|------------------------------|----------------------------|
| HELLO! | HOLA! | ¡HOLA! |
| GOOD BYE! | ADEU! | ¡ADIOS! |
| HOW MUCH IS THIS? | ¿QUANT COSTA AÇÒ? | ¿CUÁNTO CUESTA ESTO? |
| I NEED TO GET TO VALENCIA | NECESSITE ARRIBAR A VALÈNCIA | NECESITO LLEGAR A VALENCIA |
| WHERE IS THE BATHROOM? | ¿ON ESTÀ EL BANY? | ¿DÓNDE ESTÁ EL BAÑO? |
| A BEER, PLEASE! | UNA CERVESSA, PER FAVOR! | UNA CERVEZA, POR FAVOR |
| COFFEE WITH MILK | CAFÉ AMB LLET | CAFÉ CON LECHE |
| YOU ARE BEAUTIFUL/HANDSOME | QUE BONICA/BONIC ERES | QUE GUAPA/O ERES |
| I'M SORRY | HO SENT | LO SIENTO |
| "BON APPÉTIT" | BON PROFIT | QUÉ APROVECHE |

BEST SIGHTS

CIUDAD DE LAS ARTES Y LAS CIENCIAS:

This architectural marvel is a futuristic complex that houses a planetarium, an opera house, and a science museum. The tip encourages participants to embrace the "future is now" vibe of this landmark, inviting them to explore and appreciate the cutting-edge design and cultural significance.

Fun fact: some Star Wars scenes were filmed here!



TURIA:

The Turia River is a unique feature of Valencia, but it's not your typical river – it's been transformed into a beautiful park. Emphasize the unconventional nature of the Turia, which flows through the heart of the city, providing an urban oasis for recreation and relaxation.



TORRES DE SERRANO:

These medieval towers are not just historical landmarks; they offer breathtaking panoramic views of Valencia. Encourage participants to climb to the top for a unique perspective of the city's rich history and modern charm.

MERCADO CENTRAL, MERCADO DE COLÓN, LA LONJA:

Markets are not merely places to shop; they are cultural experiences. Highlight the vibrant atmosphere, diverse offerings, and architectural beauty of these markets, emphasizing the importance of immersing oneself in the local lifestyle.



WEATHER

Valencia is known for its Mediterranean climate and its 300 sunny days a year, characterized by **hot summers** and mild winters.

There will be a lot of heat in summer, perhaps more than usual for you. But don't worry, we will make sure you stay hydrated and as cool as possible.

The advantage of the warm weather is that we also have the **beach next door**, so we will enjoy it!

The Mediterranean lifestyle is synonymous with sunny days and outdoor living, making Valencia an ideal destination for those who love basking in the sun.

POSSIBLE WEATHER FORECAST:



FOOD

PAELLA (DOS AND DONT'S)

◦ DO

- Put bunny
- Make vegan paella
- Use our own type of rice
- Put the rice in cross shape

◦ DON'T

- Put chorizo in the paella
- Drop the paella on the floor
- Set the paella on fire



MORE LOCAL FOOD:



ARROZ AL
HORNO



HORCHATA Y
FARTONS



TORTILLA DE
PATATA



JAMÓN
SERRANO



ESMORZARET



TAPAS



AGUA DE
VALENCIA Y
SANGRÍA

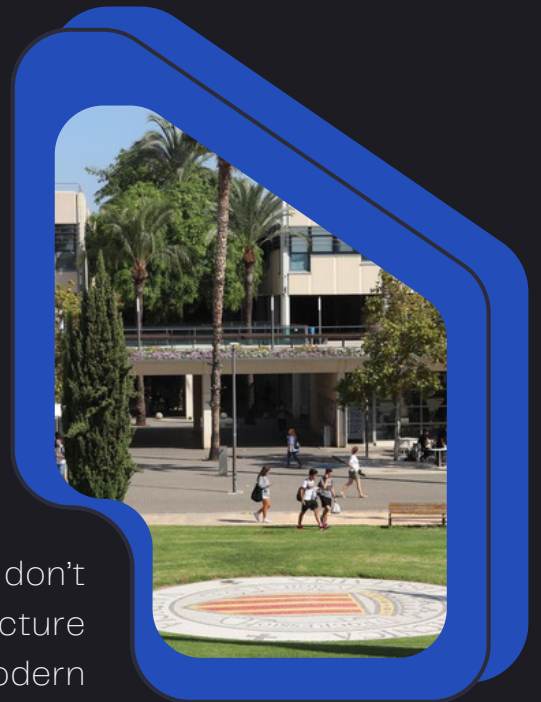
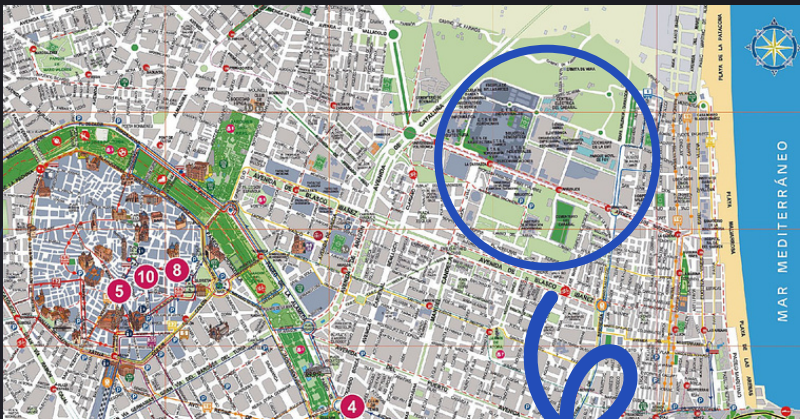


CHURROS

ABOUT THE UNIVERSITY

EPISODE 3

THE POLITECHNICAL UNIVERSITY OF VALENCIA IS THE CENTER OF TECHNOLOGY IN THE CITY



The UPV is a young university, so don't expect huge classes and architecture full of history. It is rather a modern campus with industrial facilities and lots of labs for investigation.

It is located between the city center and the beach, which makes it the perfect spot for students.

BEFORE YOU GO

EPISODE 4

IDENTIFICATION

- ID card or passport
- VISA (if needed)
- Pocket money (EUR) (if needed)

HEALTH

- European Health Insurance Card
- Medicine (if needed)
- Toiletries

CLOTHING

- House slippers
- Lightweight clothing
- Swimming suit & sunglasses
- Beach towel
- Sunscreen
- Flag from your country

ELECTRICITY

- Connector type f



EMERGENCY

- 112
- 091 (police)
- 080 (Firefighters)
- +34 963 079 800 foreign office information in English
- +34 900 22 11 22 (Red Cross)

CURRENCY AND PRICES

- currency: €
- can use credit card
- prices of everyday items
 - coffee: 1.2€ to 2.2€
 - soft drinks: 0.75€ to 1.2€
 - bottle of water (small): from 0.35€
 - beer: from 1.25€
 - sangría: it is usually at 5€ in pubs. (It's usually expensive but coming to the course will make it cheaper 😊)
 - bus ticket: 2€
 - 10 metro/bus journeys: 5€
 - breakfast: from 2€
 - condoms: from 7€
 - sunscreen: from 5€

TRAVELLING TO VALENCIA



VALENCIA AIRPORT

(You can also arrive to Madrid or Barcelona airport and take a train or a bus (from 9 to 30€))



ESTACIÓ DEL NORD

or

ESTACIÓ JOAQUIN SOROLLA

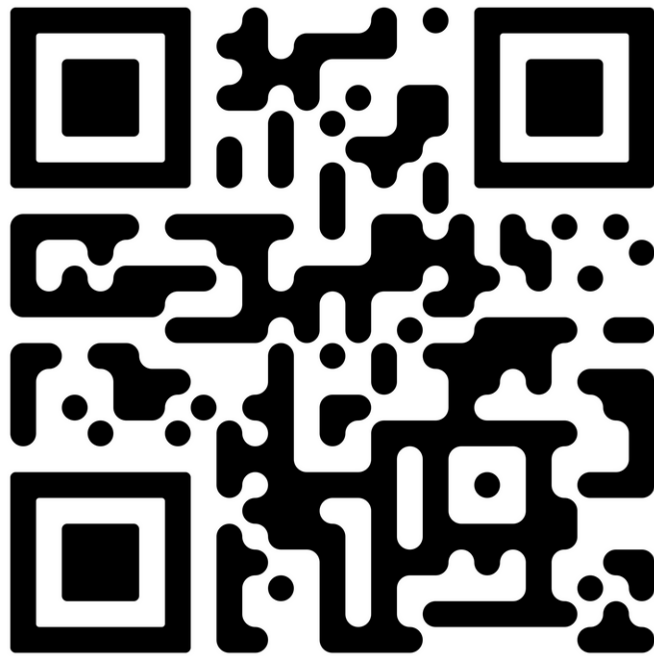


ESTACIÓ DE AUTOBUSES

TO THE CITY CENTER

- **FROM AIRPORT**
 - Line 3 or 5
 - 3,90€ single pass
 - 20 mins aprox
- **FROM TRAIN STATION**
 - You are in the City Center!
 - To university: take metro to Benimaclet and then tram to La Carrasca
 - 20 mins
- **FROM BUS STATION**
 - Walk 6 mins and take 28 line bus
 - Walk 8 mins and take line 1 or 2 metro. In Àngel Guimerà take 3 or 5 line until Colón.

METRO VALENCIA



Metro Valencia map

CONTACT BEST VALENCIA

- SOCIAL MEDIA:
 - instagram: @bestvalenciaupv
- EMAIL:
 - contacto@bestvalencia.org
- OFFICE: POLYTECNICAL UNIVERSITY OF VALENCIA,
BUILDING 4K (CASA DEL ALUMNO), 1ST FLOOR.
 - From the main staircase, last door on the right.



THE JEDAIS

EPISODE 5



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SEE YOU IN JUNE!